



CLINICAL TRIAL FOR DEPRESSION TREATMENT



WHAT IS THE TRIAL DRUG?



- The trial drug is an intranasal spray that has been approved for use in Australia by the TGA
- It acts rapidly to overcome depression when used in combination with other antidepressants

WHAT IS THE PURPOSE OF THIS STUDY?

Not everyone with depression gets better with antidepressant treatment. We are studying whether this trial drug can help!

AM I ELIGIBLE?



- You must be:
 - An adult (18-65yrs)
 - Diagnosed with depression, currently on medication and,
 - Have tried at least 2 antidepressant medications to treat your current depression



HOW DO I ENROL?



To successfully enrol you into the study, we will need a **referral from your GP or psychiatrist**

After we receive the referral, we will contact you to discuss the study and your eligibility

Once successfully enrolled into the study, you will need to attend the CADE clinic for supervised self-administration of the trial drug



WHAT CAN I EXPECT?



- Participation in the study is voluntary and we will reimburse your travel to the clinic
- The treatment is at **no cost to you** and will take place in the CADE Clinic at Royal North Shore Hospital (RNSH), St Leonards
- The study involves supervised self administration of the trial drug twice a week for 4 weeks
- You will be provided a comfortable room in which you can rest, relax, and be monitored for 2 hours post administration

I NEED MORE DETAILS..

If you are interested in taking part and would like to know more, please contact:

- Clinical Trial Coordinator

Uyen Le

email: NSLHD-researchpoet@health.nsw.gov.au

phone: (02) 9463 1656

hours: Mon-Fri 10am-3pm



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